

Route Card	Title for walk				Date of walk	MOUNTAIN SAFETY .co.uk
Outline of Route						
Group members & Emergency Contact (show leader or main organiser on first line – continue on reverse)	Group member name	Own mobile	Experience Low/Med/High	Jacket colour	Emergency contact name & number	
Personal equipment: does everyone carry: rucksack, waterproofs, warm mid-layer, hat & gloves, food & water, survival bag , head-torch & spare batteries, whistle , watch						
Group equipment: does group have sufficient of: maps & cases , compasses , storm shelter , blizzard bag , first aid kit , flask (& optionally flare , satellite messenger or PLB)						
Vehicles used (colour, make/model & reg):						
Emergency Point of Contact (EPOC): <i>name & contact number</i>					Alert Police time:	

Weather forecast & source (e.g. MetCheck)		Temp at highest altitude	Sunrise:	Sunset:
Starting location for walk (if parking, list possible parking places)			Planned start time:	
Maps carried , e.g. 1:25,000 NE Lakes		National Grid Prefix(s) :	Magnetic variation for map:	

The Route (check whether any [access restrictions](#) in force, especially stalking season in Scotland, 1 July to 20 October)

Grid reference & height relate to 'this' location. Bearing, distance & height gain relate to 'next' location								
Leg	Location name/description	Grid Ref	Height	Bearing	Distance	Height gain	Time est.	Notes (e.g. stops, escape/alternative routes)
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
<i>Keep distance of leg in line with navigational points of reference</i>						Totals		Estimated end time

On safe return, contact your EPOC to confirm safety. EPOC to contact Police if no safe confirmation at final alert police time

[In emergency, dial 999/112 & ask for Police.](#) Have location, nature of emergency, weather conditions & mobile numbers to hand when calling.

Extended Route Legs *(as required)*

The Route (check whether any access restrictions in force, especially stalking season in Scotland, 1 July to 20 October)

Leg	Location name/description	Grid reference & height relate to 'this' location. Bearing, distance & height gain relate to 'next' location						
		Grid Ref	Height	Bearing	Distance	Height gain	Time est.	Notes (e.g. stops, escape/alternative routes)
11								
12								
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<i>Keep distance of leg in line with navigational points of reference</i>				Totals				Estimated end time